

PARTS

Adventurous / exceptional / experiential.

Diabetic. Injecting. Muddled, looking through his park. Very distracted. Inhibits + can jump to the front of the queue.

→ feels really good.

Creative self. * Music, guitar + keyboard.
Performing + history. Used to do a lot.

Connected to drink + drug use.

Also creating, connecting - feels like I'm in a team.

* In engineering - problem-solving, working w/in constraints.

+ lead to
inaction
A

Engineer. Working w/in constraints.

Scientist: poor at academically but an enduring fascination/obsession.

Learner/explorer/questioner: → + also lead to disconnection.

↳ can be overwhelming; esp. w/ horrendous facts

Fun-seeking

Group member. Really enjoys being part of a team. Can get drawn in too far by it.

- often relied upon.

Helper. Can be v. effective. Like helping ppl.
- Compassion.

→ Problem-solving. Being objective, seeking wisdom. Separation in order to explore.

Connector. Open, honest. Able to connect w/ anyone. Doesn't take things personally, + doesn't judge.

Nihilistic self. A logical end-point?

'Too much' self: An opinion on everything,
very intense,